



April 7, 2023

Dear Athletic Director & Track Coach:

Please find enclosed the information for the **2023 Springfield Track & Field Invitational** to be held on Thursday, April 13th. All entries are will be done on Baumspage (<https://www.baumspage.com/>); the event is listed as "Springfield (Holland) Invitational." Please have entries in by the evening of the 12th by 8:00 PM. The window will re-open on Baumspage to allow changes by 11:00 AM on the 13th. This will avoid last minute changes at the meet. Please **DO NOT** wait to make changes until arriving. Also, please make note of these approximate starting times:

- Coaches' Meeting (Outside the school near the entrance for indoor restrooms) – 4:00 PM
- Field Events and 3200 M Relay – 4:45 PM
- All other running events – following the 3200 M Relay finish

Please use BAUMSPAGE.com to enter rosters and view event details (<https://www.baumspage.com/>).

Please recall that the entrance fee is \$125/boys team and \$125/girls team; if both boys and girls teams attend the meet, a total fee of \$250 should be remitted. You may bring a check if the fee was not previously paid. Checks should be written to "Springfield Athletics."

If you have any questions or concerns, please call or email me at your earliest convenience. I look forward to seeing you on April 13th.

Thank you in advance for your patience, participation and cooperation.

Sincerely,

Andrew Screptock

Athletic Director

Springfield High School

Phone: 419-867-5624

Email: andrewscreptock@springfield-schools.org

SPRINGFIELD TRACK & FIELD INVITATIONAL – THURSDAY, APRIL 13, 2023

TIME

4:00 PM COACHES MEETING (indoor teacher lounge)
4:45 PM FIELD EVENTS and 3200M RELAY BEGIN THE MEET

TEAMS ENTERED (BOYS & GIRLS)

Bedford
Cardinal Stritch
Central Catholic
Rossford
Springfield
Whitmer

ENTRIES PER RUNNING EVENT

- One entry per running event (except 800, 1600, and 3200 – two entries allowed)

ENTRIES FOR FIELD EVENT RELAYS

- **Two** entries per team in **High Jump**
- Three entries per team in the Long Jump (two open pits until 6:30 PM), Shot, Discus and Pole Vault
All field events are relays therefore the combined height or distance determines the winner

FIELD EVENTS (all field events are relays)

- *High Jump*: The boys' high jump will start at 4:45 PM starting height will be 5' and advance to 5'4" then 2" increments. The girls' high jump will follow and start 4' and advance 2" increments.
- *Pole Vault*: The girls' and boys' pole vault will start at 4:45 PM together. The bar will be set at 6' then increase to 7' on the second placement then go up by 6". Boys can come in at 8 ft. There will be an extended warm-up period given at 10' for all passing athletes. At 10' (girls) and 13' (boys) the bar will be raised by 3" increments. These parameters can be discussed between coaches and modified depending on the number and experience of jumpers
- *Shot & Discus*: Boys' shot and girls' discus will begin at 4:45 PM; Once finished they will flip
- *Long Jump*: We have separate boys' and girls' long jump pits opening at 4:45 PM. These will close at 6:30 PM

AWARDS

- Trophies to 1st Place Teams
- Medals to all 1st, 2nd, and 3rd Place Event Finishers
- Awards may be picked up from the press box at the conclusion of the meet

ENTRY FEE

The entry fee is \$125.00/girls team and \$125.00/boys team (\$250 total for both)

(Please bring your fee with you if it has not been sent in advance). Checks should be written to "Springfield Athletics"

SURFACES/SPIKES

- All-weather surface on track and runways for Long Jump, Pole Vault, and High Jump
- Shot and Discus pads are concrete
- Only short spikes will be allowed (1/4" or less)

CONCESSIONS

- We will have a small concession stand available

DRESSING FACILITIES

- None available

LANE ASSIGNMENTS

- Rotated each year. See attachment in Baum's page

ENTRY FORMS / ROSTER

- Please use **BAUMSPAGE.COM** (<https://www.baumspage.com/>) until 8:00 PM Wednesday 4/12
- Baum's page will re-open until 11:00 AM Thursday 4/13; However, please meet the Wednesday 4/12 deadline of 8:00 PM

ADMISSION

- All tickets: \$7.00
- Tickets sold online here: (www.springfieldbluedevils.com/tickets)

COACHES' MEETING

- Coaches' meeting at 4:00pm (Outside the school near the entrance for indoor restrooms)

TEAM CAMPS

- Teams may stake out in the grassy area between the bleachers and the school

QUESTIONS

- Springfield High School Athletic Office: 419-867-5624
- Meet Questions (Baumspage) to Coach Howe: 419-280-3075